

CALDWELL-ABBAY HALL NEWSLETTER

Fall 2013



EVENT CALENDAR

Save the Date

Caldwell-Abbey Hall
Neighborhood Association
Meeting

October 19, 2013

All meetings take place at the Southminster
Presbyterian Church at 10:00 a.m.



Remember to
Recycle!
Pick up occurs on
the 4th Wednesday
of each month.

Neighborhood Professionals

Chris Harmon

Metro Council Representative, District 26

Chris.Harmon@nashville.gov

Metropolitan Council Office
One Public Square, Suite 204
P. O. Box 196300
Nashville, TN 37219-6300

Jason Powell

State Representative, District 53

rep.jason.powell@capitol.tn.gov

301 6th Avenue North
Nashville, TN 37243

Tricia Frantz

Neighborhood Watch

CAHNA-Watch@comcast.net

Safety is a Shared Responsibility

Tricia Frantz, Neighborhood Watch

As our neighborhood grows and changes, so too we must adjust to those changes. I have lived here for six years and in those few short years I have observed many changes. The most obvious of those is the increase of young families and walkers: walkers with children, strollers and dogs. After a few close calls of my own I thought perhaps both drivers and walkers could use a reminder that *safety is a shared responsibility*.

Here are some safety tips from National Highway Traffic Safety Administration

For Walkers:

- Be predictable. Follow the rules of the road.
- Walk on sidewalks whenever possible.
- If there is no sidewalk, walk facing traffic and as far from traffic as possible.
- Keep alert at all times; don't be distracted by electronic devices that take your eyes & ears off the road.
- Cross streets at crosswalks of intersections whenever possible. This is where drivers expect pedestrians. Look for cars in ALL directions including those turning left or right.
- If a crosswalk or intersection is not available locate a well lit area where you have the best view of traffic as you cross.
- NEVER assume a driver sees you. Make eye contact with drivers as they approach you to make sure you are seen.
- Be visible at all times. Wear bright clothing during the day and wear reflective materials or use a flashlight. (Put lights or reflectors on your strollers.)
- Watch for cars entering or exiting driveways or backing up in parking lots.

For Drivers:

- Look out for pedestrians everywhere, at all times.
- Pedestrians have the right of way.
- Use extra caution when driving in hard to see conditions such as nighttime or in bad weather.
- Slow down and be prepared to stop when turning or otherwise entering a crosswalk.
- Yield to pedestrians in crosswalks and stop well back from the crosswalk to give other vehicles an opportunity to see the crossing pedestrian so they can stop too.
- Never pass vehicles stopped at a crosswalk. There may be people crossing that you cannot see.
- Never drive under the influence of alcohol and/or drugs.
- Follow the speed limit, especially around people on the street.
- Follow slower speed limits in school zones and in neighborhoods where children are present.
- Be extra cautious when backing up – pedestrians can move into your path.



On Saturday, August 10, our neighbors enjoyed great food and fellowship at the second CAHNA Progressive Dinner. The weather cooperated, and participants enjoyed meeting new friends and visiting with old friends.

Doug and Robin Hausken, Dan and Tricia Frantz, Ellen and Bobby King and Dana and Kelly Weymouth opened their homes, prepared delicious food, and offered a warm welcome to everyone.

Doug and Robin offered a lovely buffet of appetizers with smoked salmon, watermelon, mint and feta cheese bites and hummus and vegetables. The group progressed through the neighborhood to the home of Dan and Tricia Frantz where they enjoyed pulled jerk pork with cherry barbeque sauce, a salad of fresh corn, tomatoes, cucumber and feta cheese prepared by Ellen Britton, and finally a kale and butternut strata.

The night ended at Ellen and Bobby's with an array of treats prepared by Kelly. We had Michigan blueberry pie that was outstanding, mini cheesecakes with strawberries; peanut butter brownies and as if that wasn't enough we also enjoyed oatmeal chocolate chip cookies.

JOIN THE CAHNA!

Take part in your neighborhood!

Name: _____

Address: _____

Email: _____

Phone: _____

New Member

Renewal

Join the Caldwell-Abbey Hall Neighborhood Association (CAHNA) and help make our neighborhood an even better place to live. Dues are only \$10.00 per year.



Return this form with a check payable to CAHNA in the amount of \$10.00 to:

Caldwell Abbey Hall Treasurer
311 Lynn Drive
Nashville, TN 37211



Please join us for the next progressive dinner. Everyone is welcome! Reserve now at CAHNA-Info@comcast.net

We also welcome anyone who would like to be a host. If you would like more info about being a host, email Tricia at CAHNA-Info@comcast.net.



Caldwell-Abbey Hall Neighborhood Newsletter is published on a quarterly basis. To contribute an article, suggest articles, or inquire about advertising, please contact Chelsea Sudbury at chelseasudbury@gmail.com.

Volunteers distribute the newsletter each quarter. Please email Melissa Harmon at melsharmon@comcast.net if you would like to help.

We're on the Web!

<http://caldwell-abbayhall.com/>